

Week 1					
Sunday			Monday		
1st Vespers (Saturday)	Ps 130	Lauds	Inv. Ps 23	Lauds	Inv. Ps 8
	Ps 131		Ps 15		Ps 3
	Ps 145		Ps 62		Ps 71
	Cant. NT		Cant. XIII		Ct. IV
			Ps 150		Ps 149
		None	Ps 103	None	Ps 6
					Ps 7
Vigils (Saturday)	Ps 1	2nd Vespers	Ps 109	Vespers	Ps 119
	Ps 2		Ps 110		Ps 78
Ps 30	Ps 111		Ps 113a		
Ps 118 (13-14)	Ps 112		Ps 113b		
			Cant. NT		
		Compline	Ps 4	Vigils	Ps 10
			Ps 90		Ps 11
			Ps 133		Ps 12
					Ps 118 (1-2)
Tuesday	Wednesday	Thursday	Friday	Saturday	
Lauds	Inv. Ps 94	Inv. Ps 95	Inv. Ps 80	Inv. Ps 97	Inv. Ps 99
	Ps 9a	Ps 19		Ps 5	Ps 18
	Ps 9b	Ps 20	Ps 34	Ps 102	Ps 22
	Ct. V	Ct VI	Ct. VII	Ct. IX	Ct. I
	Ps 98	Ps 96	Ps 92	Ps 148	Ps 28
None	Ps 13	Ps 31	Ps 37	Ps 43	Ps 57
	Ps 16	Ps 85	Ps 38	Ps 44	Ps 58
Vespers	Ps 120	Ps 121	Ps 122	Ps 123	
	Ps 40	Ps 81	Ps 88	Ps 68	
	Ps 114	Ps 82	Ps 132	Ps 69	
	Ps 115	Ps 134		Ps 136	
Vigils	Ps 17a	Ps 24	Ps 32	Ps 51	
	Ps 17b	Ps 25	Ps 39	Ps 52	
				Ps 53	
	Ps 118 (3-4)	Ps 118 (5-6)	Ps 118 (7-8)	Ps 118 (9-10)	

Office of Lauds - Canticles of the Old Testament

Sunday	XIII- Daniel 3:57-88.56 (Vulgata)
Monday	IV- 1 Chronicles 29:10-13
Tuesday	V- Tobit 13:1-5b.7-8 (Vulgata)
Wednesday	VI- Judith 16:2-3a.13-15 (Vulgata)
Thursday	VII- Ecclesiasticus 36:1-7.13-16 (Vulgata)
Friday	IX- Isaiah 45:15-26
Saturday	I- Exodus 15:1-4a.8-13.17-18